



## Medicine Alerts

**Herbal and Weight Loss Medications** - These may cause interactions with your anesthesia or cause bleeding, so please stop taking them two weeks prior to surgery.

Examples: St. Johns Wort, Ginkgo Biloba, Ginseng, Echinacea, Redux, Nature's Cure

**Anti-inflammatory Drugs** – Stop these 24 hours before any surgery.

Examples: Advil, Ibuprofen, Aleve, Naproxen, Etodolac, Celebrex, Relafen, Daypro

**Blood Thinners** – Contact our office to discuss these medications if your surgeon hasn't already advised you.

Examples: Aspirin, Ecotrin, Coumadin, Plavix, Pletal, Ticlid, Aggrenox, Lovenox injections

**Bisphosphonates** – These osteoporosis drugs may cause wound healing difficulties. Please notify your surgeon if you currently are taking, or have ever taken, any of the following;

Oral pills: Fosamax, Actonel, Boniva, Didronel, Skelid, or Bonefos

Intravenous injections: Aredia or Zometa