



PREOPERATIVE INSTRUCTIONS

IF PATIENT IS A MINOR (age less than 18)

- Minors must be accompanied by a parent or legal guardian on the day of surgery. Relatives such as grandparents or siblings cannot sign consent unless they are the legal guardian, and bring legal paperwork to show guardianship status.

FOR LOCAL ANESTHESIA (numbing injections) AND NITROUS OXIDE

- It is not necessary to change your eating habits before the appointment.
- Please take any prescription medications as you normally would.

FOR ORAL SEDATION (and numbing injections)

- **You must have an adult with you** who agrees to remain in the office during the entire appointment, drive you home, and can monitor you for the remainder of the day.
- It is not necessary to change your eating habits before the appointment.
- Please take any prescription medications as you normally would.

FOR IV SEDATION (and numbing injections)

- **You must have a responsible adult over the age of 18 with you** who agrees to remain in the office during the entire appointment, drive you home, and can monitor you for the remainder of the day. **Your driver must stay in the office the entire time of the appointment.**
- Do not eat or drink anything for **at least EIGHT hours** before your appointment.
- You should take any prescription medications as you normally would with a small sip of water.
- Please brush your teeth normally and rinse out with water. Remember not to swallow anything.
- Wear a short-sleeved shirt that will allow access to starting an IV in your arm and the ability to place heart monitor pads on your chest. Wear comfortable shoes that are easy to walk in, no flip flops or sandals.
- Please avoid wearing any jewelry, nail polish, and cosmetics, and leave out contact lenses.
- Leave cell phones and electronic devices with your designated driver.